

PERSON SPECIFICATION

Accredited Counsellor (Self-Employed)

	Essential	Desirable
Qualification	<p>Recognised Counselling or psychotherapy qualification to diploma level or above</p> <p>Accredited with a professional psychological therapy organisation, such as BACP or UKCP</p>	<p>Supervision qualification</p> <p>Qualified in any NICE recommended modality (CfD, DIT, IPT, EMDR, Couples CfD</p>
Experience	<p>Experience of delivering solution focused, time-limited interventions</p> <p>Ability to manage own caseload and time</p> <p>Experience with routine outcome monitoring</p>	<p>Experience of working in primary care mental health services</p> <p>Worked in a service where agreed targets in place demonstrating clinical outcomes</p> <p>Experience of delivering group work</p>
Skills & Competencies	<p>Full range of counselling skills and competencies</p> <p>Well-developed skills to communicate effectively, orally and in writing, complex or sensitive information to clients and other professionals</p> <p>Skills to undertake risk assessments within scope of the service</p> <p>Able to develop good therapeutic relationships with clients</p> <p>Able to work within a team and foster good working relationships</p> <p>Ability to work under pressure</p> <p>Ability to act as a representative of the service, to engage and foster good relationships with all health professionals and promote the</p>	<p>Completed clinical audits within a service</p>

	integration of the service within the wider health care system	
Knowledge	<p>Demonstrates an understanding of anxiety and depression and how it may present in Primary Care</p> <p>Demonstrates an understanding for the need to use evidence based psychological therapies and how it relates to this post</p> <p>Knowledge of child protection issues and other relevant legislation</p>	Demonstrates a knowledge of the issues surrounding work and the impact it can have on mental health / benefits & employment systems
Training	Good record of Continuing Professional Development and willingness to continue this	
Other Requirements	<p>High level of enthusiasm and motivation.</p> <p>Ability to use clinical supervision and personal development positively and effectively</p> <p>Regard for others and respect for individual rights of autonomy and confidentiality</p> <p>Ability to be self-reflective, whilst working with service users, & in own personal and professional development and in supervision</p>	<p>Fluent in languages other than English</p> <p>Experience of working with diverse communities and within a multicultural setting</p>