

PERSON SPECIFICATION: CBT PWP Team Lead

Qualifications	Essential	Desirable
Qualified and accredited (BABCP) cognitive behavioural therapist	✓	
Supervisor (ideally high and low intensity NHS Talking therapies)	✓	
Another treatment modality ie EMDR, MBCBT		✓
Knowledge and Experience	Essential	Desirable
At least 3 years post qualification experience as a therapist.	✓	
Significant experience of working with intense psychological distress and associated risks	✓	
Experience of line management and induction of staff	✓	
Experience training adults and assessing competence	✓	
Experience delivering therapeutic group work		✓
Experience delivering therapy in person on line and by telephone	✓	
Experience of working with interpreters		✓
Evidence of continuous professional development in the field of CBT / psychological therapies	✓	
Experience of supervising others and promoting individual development for supervisees	✓	
Experience delivering case management and clinical skills training	✓	
Knowledge of the impact of medication when managing psychological distress		✓
Knowledge of relevant legislative frameworks that keep vulnerable people safe	✓	
Skills and Competencies	Essential	Desirable

Understanding of other modalities within DRCS and NHS Talking Therapies	✓	
Excellent verbal and written communication skills	✓	
Ability to demonstrate emotional resilience	✓	
Ability to promote, implement and influence best practise in CBT across a multi-professional organisation	✓	
To have an understanding of and an ability to promote and implement equal opportunities in all areas of work	✓	
Information governance and data protection	✓	