

PERSON SPECIFICATION

Pre-Accreditation Counsellor (Self-Employed)

	Essential	Desirable
Qualification	<p>Recognised Counselling or psychotherapy qualification to diploma level or equivalent</p> <p>Accreditable with BACP or equivalent (may not have all the hours needed yet, but must meet other requirements and have at least 300 hours, ideally 350)</p>	<p>Supervision qualification</p> <p>Qualified in any other NICE recommended modality (DIT, IPT, EMDR, Couples CfD, CfD)</p>
Experience	<p>Experience of delivering time-limited interventions</p> <p>Ability to manage own caseload and time</p>	<p>Worked in a service where agreed targets in place demonstrating clinical outcomes</p> <p>Demonstrable experience of working in primary care mental health services</p> <p>Experience with routine outcome monitoring</p>
Skills & Competencies	<p>Full range of counselling skills and competencies</p> <p>Well developed skills to communicate effectively, orally and in writing, complex or sensitive information to clients and other professionals</p> <p>Skills to undertake risk assessments for clients for whom you hold clinical responsibility</p> <p>Able to develop good positive relationships with clients and other professionals</p> <p>Ability to work under pressure</p>	



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Service

Knowledge	<p>Demonstrates an understanding of anxiety and depression and how it may present in Primary Care</p> <p>Demonstrates an understanding for the need to use evidence based psychological therapies</p> <p>Knowledge of child protection issues and safeguarding vulnerable adults</p>	<p>Demonstrates a knowledge of the issues surrounding work and the impact it can have on mental health</p> <p>Demonstrate a knowledge of benefits & employment systems</p>
Training	<p>Good record of Continuing Professional Development and willingness to continue this</p>	
Other Requirements	<p>High level of enthusiasm and motivation.</p> <p>Ability to use clinical supervision and personal development positively and effectively</p> <p>Regard for others and respect for individual rights of autonomy and confidentiality</p> <p>Ability to be self reflective, whilst working with service users, & in own personal and professional development and in supervision</p>	<p>Fluent in languages other than English</p> <p>Experience of working with diverse communities and within a multicultural setting</p>