

PERSON SPECIFICATION

Children and Young People's Therapist

Person Specification Category	Essential	Desirable
Education / Qualification / Professional Accreditation	<p>Qualified CYP Therapist</p> <p>Safeguarding training minimum level 3 gained within the last 12 months</p> <p>Appropriate professional registration and commitment to gain accreditation with recognised professional body</p>	<p>A further relevant degree qualification</p> <p>BACP/BABCP (or similar) accreditation</p>
Experience	<p>At least 6 months post qualification experience of working with children and young people, their families and others</p> <p>Experience of working and liaising with a wide variety of agencies and stakeholders</p> <p>Experience of working with children and young people who have social, emotional and/or behavioural difficulties</p>	<p>Experience of navigating complex social systems and environments, conflicting priorities or agendas.</p> <p>Experience of working with 'looked after' children</p> <p>Experience of working with other vulnerable groups</p> <p>Ability to conduct group therapeutic interventions with children and their families</p>

	<p>Experience of working with anxiety disorders</p> <p>Experience of working with affective disorders</p> <p>Experience of the delivery of specific therapeutic interventions to children, young people or their families</p>	
Knowledge	<p>Knowledge of safeguarding issues</p> <p>Knowledge of capacity and consent issues</p>	<p>Good knowledge of local mental health and other support services, both in the voluntary and statutory sector.</p> <p>Knowledge of educational environments</p>
Skills and Abilities	<p>Ability to communicate within the team, present young people, take note of actions, update others in the team and use team meetings effectively.</p> <p>Maintain accurate, timely, concise and legible clinical records both electronic and handwritten</p> <p>Ability to talk to people about sensitive issues in a supportive manner but also challenge others assertively where necessary.</p> <p>Ability to carry out 1:1 therapeutic mental health interventions with children and young people</p>	<p>Ability to conduct group parenting programmes</p>

	Ability to work well with other members of the team including communicating effectively	
Attributes	<p>Ability to provide a safe and professional service within the limits of competence.</p> <p>Displays a positive outlook and is able to demonstrate compassion and empathy, being kind and considerate, reliable and enthusiastic</p> <p>Maintains own mental health resilience and is able to request support when needed</p> <p>Understands the importance of self-reflection and can make positive changes to improve performance</p>	