

Personal Specification

	<u>Essential</u>	Desirable
Qualification	<p>A recorded/registered qualification in one of the following at graduate level: nursing, social work, occupational therapy, arts therapy or within a psychological therapy.</p> <p style="text-align: center;">OR</p> <p>Evidence of meeting the Knowledge Skills and Attitude (KSA) requirements of BABCP.</p>	<p>Experience working in a stepped care service for anxiety and depression.</p>
Experience	<p>Demonstrable experience of working in mental health services</p> <p>Ability to meet agreed/specified service targets</p> <p>Ability to manage own caseload and time</p> <p>Demonstrates high standards in written communication</p> <p>Able to write clear reports and letters to referrers</p>	<p>Experience of working in Primary Care Services</p> <p>Worked in a service with agreed targets in place demonstrating clinical outcomes</p>
Skills & Competencies	<p>Ability to evaluate and put in place the effect of training</p> <p>Computer literate</p> <p>Excellent verbal and written communication skills</p> <p>Has received training (either formal or through experience) and carried out risk assessments within scope of practice</p> <p>Able to develop good therapeutic relationships with clients</p>	
Knowledge	<p>Demonstrates an understanding of anxiety and depression and how it may present in Primary Care</p>	

	<p>Demonstrates a knowledge of the issues surrounding work and the impact it can have on mental health</p> <p>Knowledge of medication used in anxiety and depression and other common mental health problems</p> <p>Demonstrates an understanding for the need to use evidence based psychological therapies and how it relates to this post</p>	
Training	<p>Able to attend a one day per week course for one year</p> <p>Able to complete academic components of the course</p> <p>Able to integrate training into practice</p>	
Other Requirements	<p>High level of enthusiasm and Motivation.</p> <p>Advanced communication skills</p> <p>Ability to work within a team and foster good working relationships</p> <p>Ability to use clinical supervision and personal development positively and effectively</p> <p>Ability to work under pressure</p> <p>Regard for others and respect for individual rights of autonomy and confidentiality</p> <p>Ability to be self-reflective, whilst working with service users, in own personal and professional development and in supervision</p> <p>Willing to work a late clinic</p> <p>Willing to change base within daily travel limits if service/patient need requires this</p>	<p>Car driver and/or ability and willingness to travel to locations throughout the organisation</p> <p>Fluent in languages other than English</p> <p>Experience of working with diverse communities within a multicultural setting</p>