

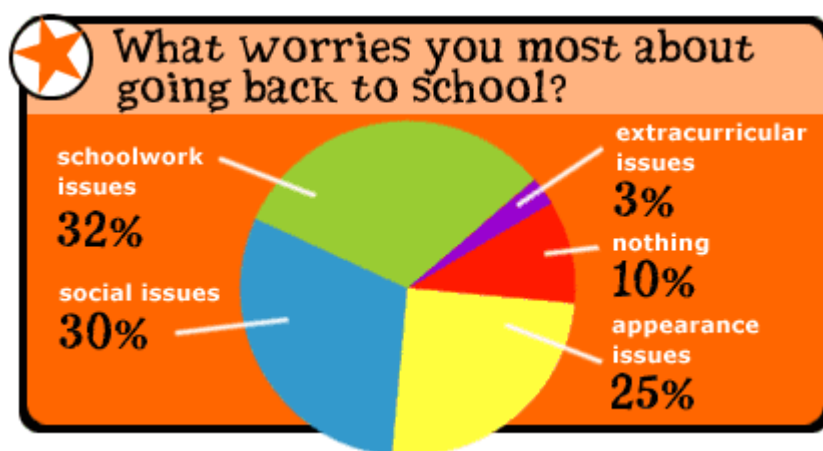
Feel like school is getting too much?



Life is hard...Counselling can help!

Make sense of what is happening in your life

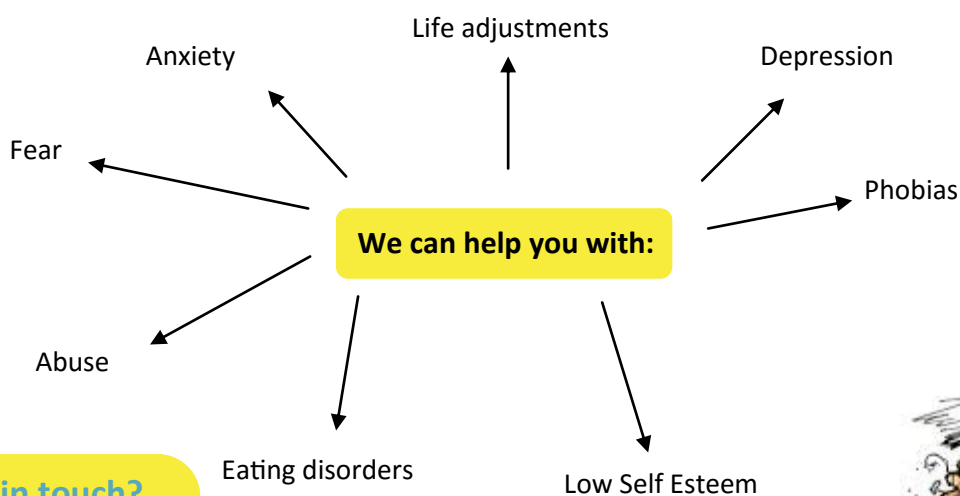
Work out what changes to make and how



3 children in every classroom have a diagnosable mental health condition.

Among teenagers, rate of depression and anxiety have increased by 70% in the past 25 years.

55% of children who have been bullied later developed depression as adults.



Why not get in touch?

01629 812710

Our office is open from 9am to 5pm Monday to Friday

To find out more visit www.dracs.org.uk



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